

Career Exploration Worksheet

1. From the aptitude/interest inventory information you obtained, briefly describe what you learned about yourself and your interests.

I like to....

I prefer to...

2. Make a table like the one shown below. From your research on the Internet or from other sources, list three careers you have explored so far.

Information Source Name/ URL	Job Title	Basic Work Responsibilities	Education/Training Required

Answer each of the following. Use complete sentences.

3. Which career(s) do you have the most interest in?
4. For each of the careers you are most interested in, describe in detail why you are interested in it. What makes this job sound like something you'd like to do?
5. Based on the educational/training requirements for the career(s) you are most interested in, list the courses you've taken in high school or college that you feel will help you towards preparation for this career?
6. What future steps will you take to gain more knowledge and/or experience about your chosen career(s)?